

## University of Pretoria Yearbook 2019

## Advanced human nutrition 411 (HNT 411)

| Qualification          | Undergraduate                                    |
|------------------------|--|
| Faculty                | Faculty of Health Sciences                       |
| Module credits         | 18.00  |
| Programmes             | BDietetics                                       |
|                        | BSc Nutrition                                    |
| Service modules        | Faculty of Natural and Agricultural Sciences     |
| Prerequisites          | 4th-year status                                  |
| Contact time           | 1 discussion class per week, 3 lectures per week |
| Language of tuition    | Module is presented in English                   |
| Department             | Human Nutrition                                  |
| Period of presentation | Semester 1                                       |

## Module content

Seminars and case studies (theory and practical application): Eating behaviour, eating disorders, nutrient/nutrition supplementation, sports nutrition, vegetarianism, food safety, nutrition of the disabled, prevention of non-communicable disease of lifestyle; nutrition and immunity; nutrition and genetics.

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